



## 5 Warning Signs of Urgent Relationships

“Urgent relationships” are often formed out of a desperate need to feel loved, to fill a void, or simply to fit in with what seems to be normal and acceptable communal behavior. There are quite a few signs that show someone is pursuing a relationship out of desperation rather than genuine connection. Below are 5 of those indicators:

### 1. Rapid Escalation

The individual quickly becomes emotionally or physically involved with someone without taking the time to build a solid foundation of trust and compatibility. They may rush into commitments or express intense feelings of love prematurely.

### 2. Ignoring Red Flags

The person overlooks or minimizes concerning behavior or character traits in their partner, dismissing warning signs that would typically give pause to a healthier relationship. They may make excuses for their partner's actions or justify behavior that is disrespectful or harmful.

### 3. Dependency

The individual relies heavily on their partner for validation, emotional support, or a sense of identity and purpose. They may struggle to function independently or feel lost without their partner's constant reassurance or presence.

### 4. Fear of Being Alone

The person exhibits a strong fear of being single or alone, leading them to settle for a relationship that is less than ideal rather than risk being alone. They may prioritize being in a relationship over their own well-being or personal growth.

### 5. Disregard for Personal Values

The individual compromises their own values, beliefs, or boundaries in order to maintain the relationship or avoid being alone. They may sacrifice their own happiness or integrity in an attempt to please their partner or keep the relationship intact.

Recognizing and addressing these warning signs will lead to healthier patterns of relating to the person you are dating, desiring to date, or marry, based on self-respect, spiritual discernment, and biblical alignment.